



**TREETOP
TALK**



**Anna Shaw
Children's Institute**

November 2023

Our Video Library is available on our website! Our library includes all webinars, Reading Around the Tree videos, and Music in the Treetops videos. To access this library, please [click here](#).

Anna Shaw Children's Institute provides champion care to children and families for happy, healthy lives.

[Click Here to Listen to Our English and Spanish Podcasts! \(scroll to the bottom of the web page\)](#)



November is National Family Literacy Month



Since November is National Family Literacy Month, we will discuss how your family can prioritize reading. We know families are already busy with so much to squeeze in one day, but we believe that reading can have such a positive impact! We have put together four ideas to help your family make reading a fun part of everyone's day rather than just another task on your list.

1. Find a time during the day to set aside just for reading. If you only have 5-10 minutes, that is enough. After a few days, it will come as second nature. Right before bedtime is a great time. It provides a transition from getting baths and doing homework into the quiet and calm of sleep. If bedtime does not work for you, it can be anytime: in the morning while eating breakfast or while dinner is being prepared.
 2. Let your child choose the book, or if you have multiple children, take turns and let each family member select the book that day. It will give them something to look forward to when it is their day to choose. As children get older, they can even have a turn to read the book to the family.
 3. As children get older and can sit longer, choose chapter books in a series. You will notice they will look forward to family reading time to see what happens next (and so will you)! If your child is younger, take the time to point to the pictures on each page of the book and identify them aloud. This will help expand their vocabulary.
 4. Keep a selection of books for everyone to choose from with a lot of variety. Pick up books every chance you get when they are on sale, at yard sales, or check them out from the library. Keep the books that interest you and your children on hand and always accessible.
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Parent Support Group



The Parent Support Group, hosted by Anna Shaw Children's Institute, meets on the second Tuesday of each month at 11:00 am.

- WE MEET IN PERSON AND ON A VIDEO CALL!
- SNACKS ARE PROVIDED IN OUR MEETING ROOM.



Scan this QR code or visit
www.bit.ly/asciparentgroup

Southern Magnolia room on the lower level
Anna Shaw Children's Institute
1201 Burleyson Road
Dalton, Georgia

**Please RSVP by calling
Heather Mallett at
☎ 706.226.8911**

Join Our E-mail List!



QR Code Scanning Instructions:

1. Open your camera app on your smartphone.
2. Hold your device over the QR code so that it's visible on your smartphone's screen.
3. Follow the instructions on the screen to open the link or visit the link provided above.
4. Scroll down to the "Join Our Mailing List" Form



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HamiltonHealth.com/children



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GRUPO DE APOYO PARA PADRES LATINOS

Todos los padres, abuelos, guardianes, y otros miembros de la familia de niños con necesidades especiales están invitados a tomar parte en un grupo de apoyo para padres, dirigido por los padres.

Anna Shaw Children's Institute se apega a las guías de seguridad y recomendaciones de distanciamiento social de la CDC.

Anna Shaw Children's Institute
Southern Magnolia Room • Primer Piso

1201 Burleyson Road
Dalton, Georgia

**PRIMER JUEVES
DE CADA MES**

9:00 - 10:00 am

Para mas información póngase
en contacto con Berta Castillo
706.218.5804.

**Necesidades
Especiales**

HamiltonHealth.com/children

For more information about Anna Shaw Children's Institute, please visit our website by clicking here.



[Click Here](#) to Watch a Heartwarming Video from Anna Shaw Children's Institute

Find out MORE

<https://www.nationaldisabilityinstitute.org/press/march-is-developmental-disabilities-awareness-month/>

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