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Anna Shaw Children's Institute Presents:

Using Visual Supports At Home

Hannah Cannon, MS CCC-SLP

Today you will learn:

1. What visual supports are and why they are important in our daily lives
2. Types of visuals
3. How to create and implement visuals at home

What is a visual?

Visual supports are any tool presented visually that support an individual.

What visuals have supported you today?

When should I use a visual?

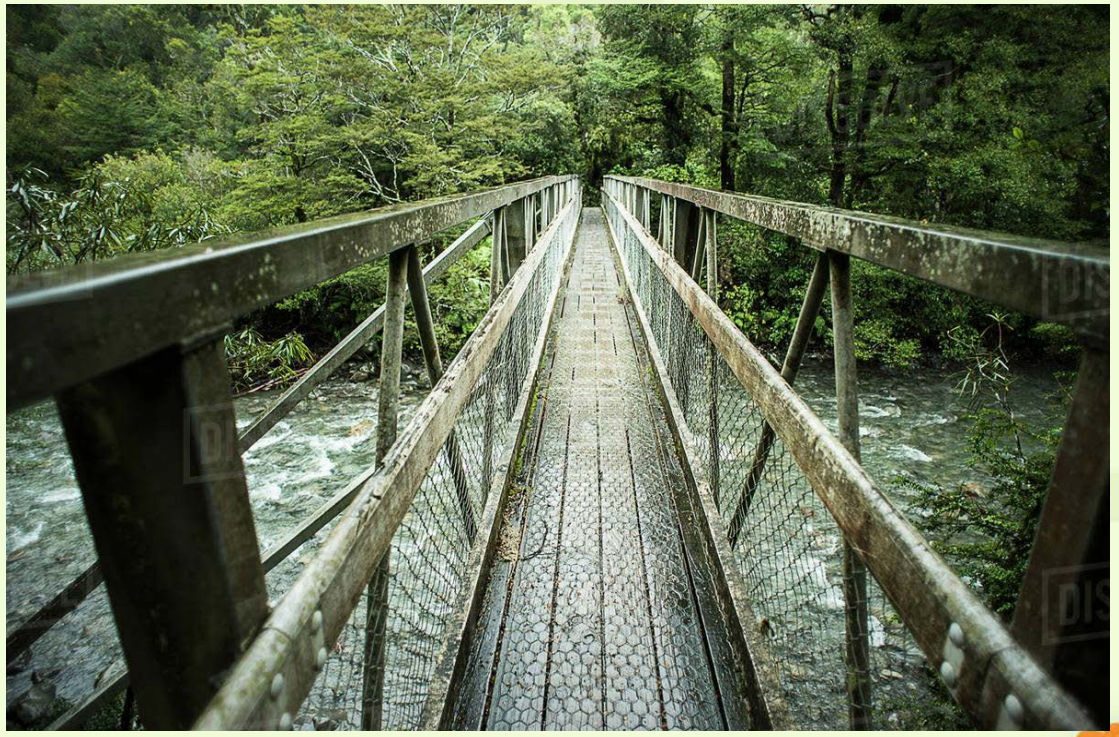
- Managing behaviors
- Teaching a new skill
- Following daily routines

Where should I use a visual?

- Anywhere!
- At home
- At the store
- At the pediatrician's office
- At Grandma's

Why are visuals important?

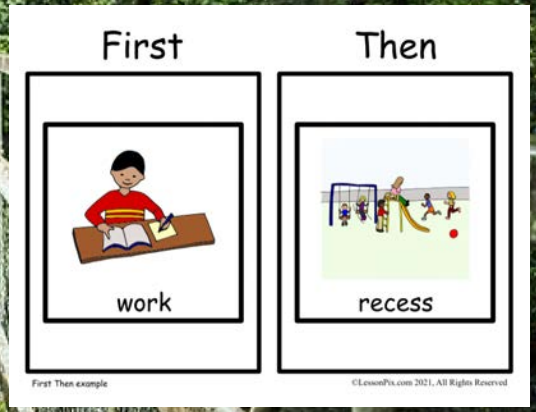
Which bridge would you rather cross?



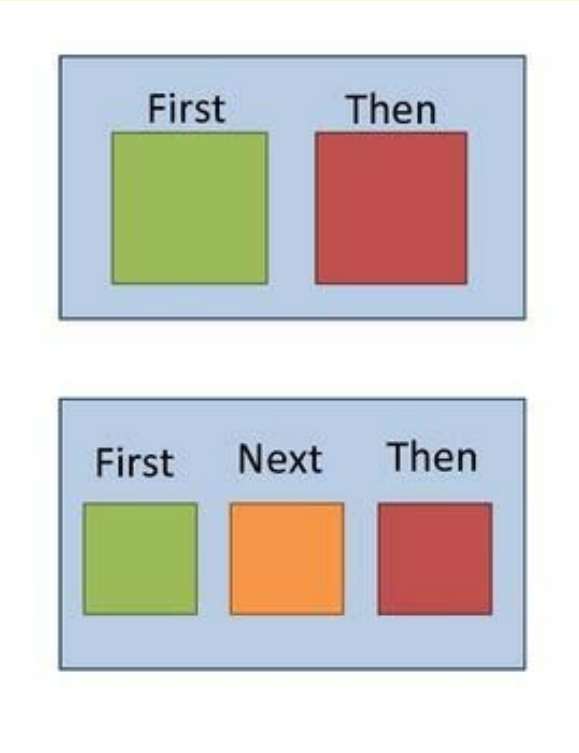
There's a lot going on here!
Goal
Sit in chair
Stay on task
Look at me
Nice Hands
First work Then Play

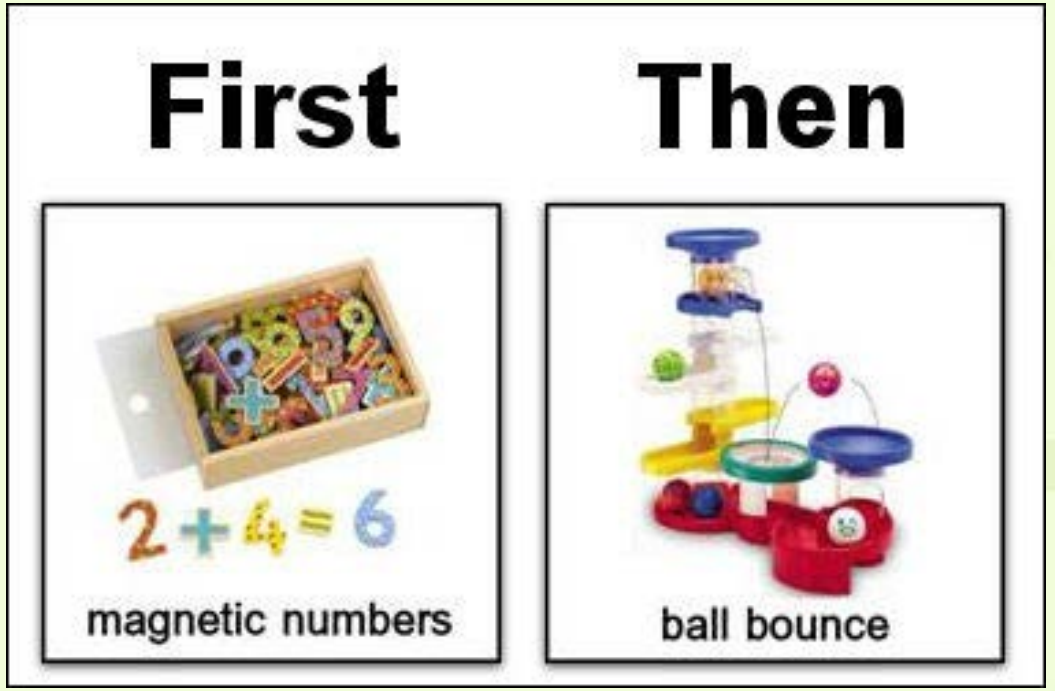
Goal

VISUAL SUPPORTS



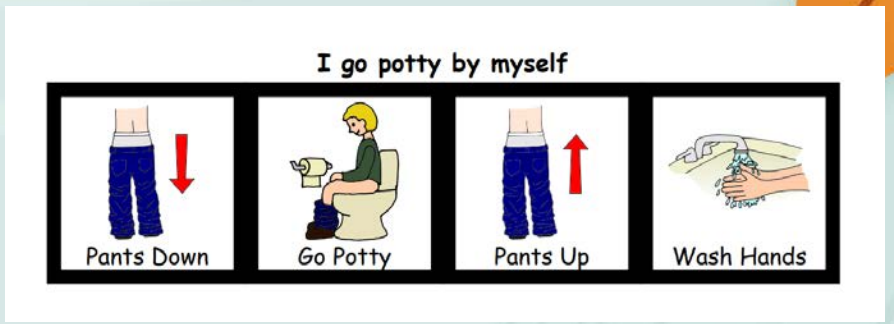
Types of Visuals: First/Then



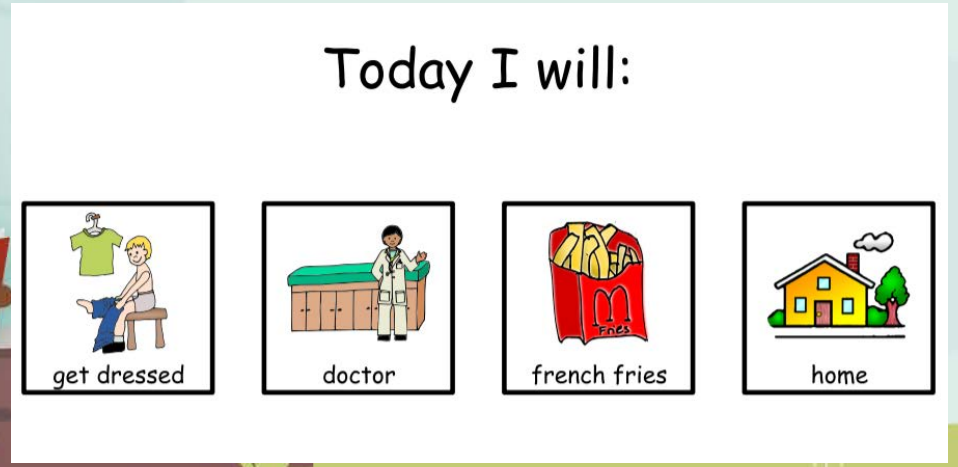


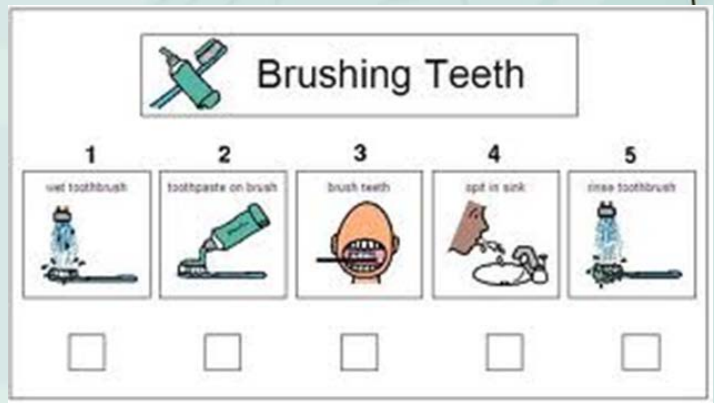
Pro Tip: Pair with a timer to help with transitions

Types of Visuals: Schedule

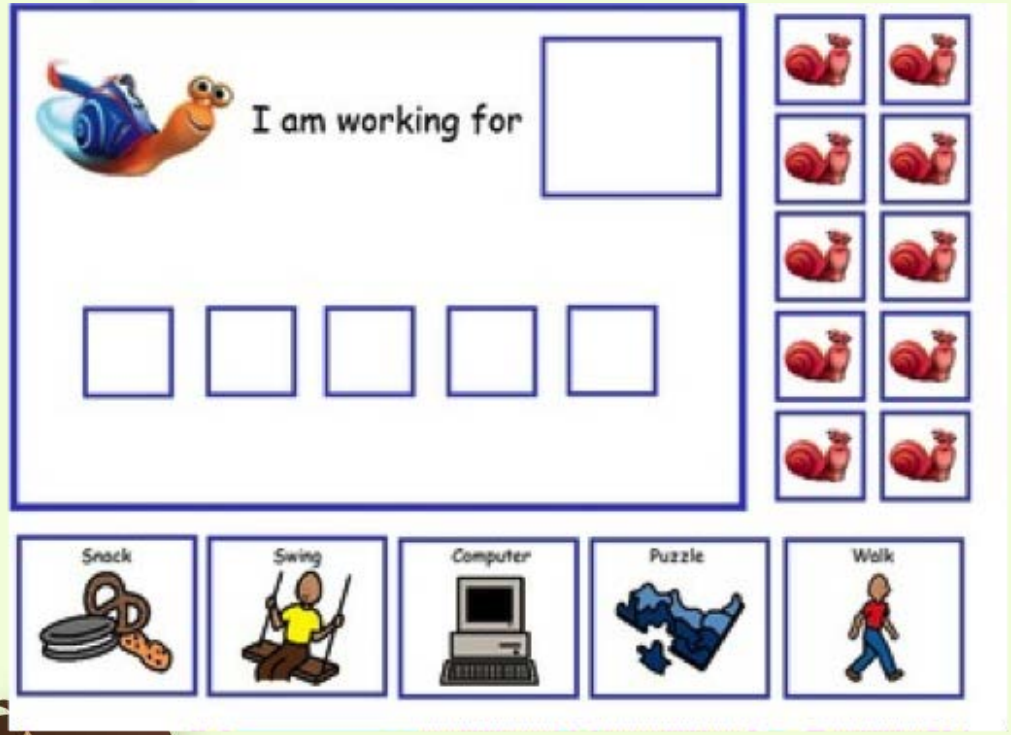


Pssst....There's an app for that! Search "Kid's To-Do List" in app store





Types of Visuals: Token System

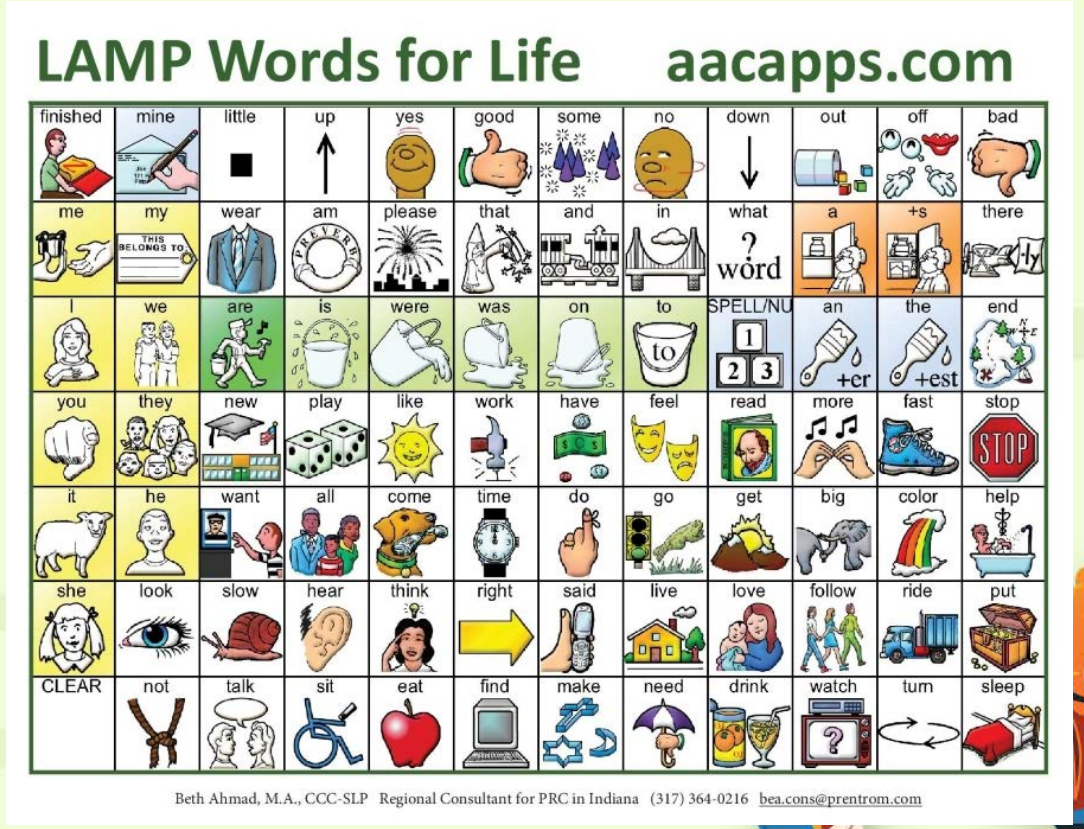


Pssst….There's an app for that! Search "token board" in app store

Types of Visuals:
Communication Board

Pssst….There's an app for that! Search "communication board" in app store

Types of Visuals:
Communication Board



Let’s talk about

HOW

to use visuals at home

Step 1: What is your biggest area of need?

- Make a list of <u>difficulties</u> (non-preferred activities)
- Make a list of <u>motivators</u> (preferred activities)

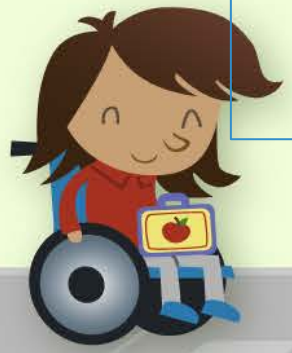
Step 1: What is your biggest area of need?

Non-preferred:

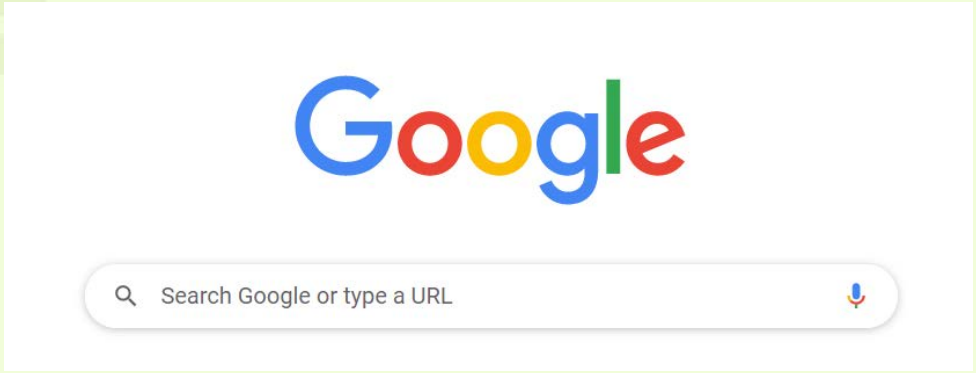
- Bedtime
- Giving up tablet
- Potty training
- Verbalizing wants/needs

Preferred:

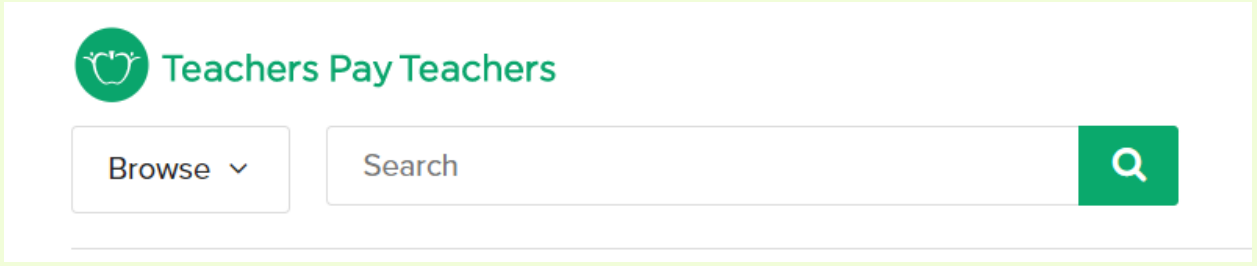
- Tablet
- Blankie
- Favorite Video
- Music
- Outside Play
- Tickles



Step 2: Create Materials



Search for:
pecs book
first/then board
visual schedule or
visuals for autism



LessonPix
Custom Learning Materials

Step 2: Create Materials

Visuals should be *portable* and *durable*.

Step 3: Implement with Consistency

- Make and plan and stick to it
- Establish your expectation and allow your child to respond
- Follow your child's lead and adjust as needed
- Add new opportunities as you and your child are ready

Step 4: Monitor Progress and Effectiveness

- Has the desired behavior increased?
- Has the undesirable behavior decreased?
- Are the visuals still motivating enough?
- Have my child's interests/needs changed?

Check out these FREE Resources!

- Teachers Pay Teachers
  - www.teacherspayteachers.com
- Speaking of Speech
  - www.speakingofspeech.com
- A Day In Our Shoes
  - https://adayinourshoes.com/free-printable-visual-schedules-for-home-and-daily-routines/
- Connect-Ability
  - http://connectability.ca/visuals-engine/

For additional support, speak with your child's doctor or therapist

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