

# Breastfeeding Assistance in North Georgia 2018

## Resources for Mothers and Babies in Whitfield, Cherokee, Fannin, Pickens, Gilmer, and Murray Counties

North Georgia Health District WIC Program  
1710 Whitehouse Ct.  
Dalton, GA 30720

Carol Hendrix, BS, IBCLC, RLC, Bilingual  
WIC Breastfeeding Coordinator  
northgawic.com

\* 24 Hour Breastfeeding Help Line: 1-800-289-7406

\* 24 Hour Spanish Help Line: 1-888-284-3998

***Messages left on Help Line are usually returned same day***

\* Peer Counselor Program

\* Manual/Electric pumps available - Electric pump loan

\* WIC Appointment Line 1-866-WIC-WORKS (942-9675) or 706-370-4700

\* Facebook: North Georgia Breastfeeding Moms

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### WIC Breastfeeding Peer Counselors (call or text)

Whitfield-Murray-Fannin-Gilmer-Pickens-Cherokee

Eris Moonstar	706-851-6787 (Whitfield)	Lauren Gravley	770-833-9350 (Gilmer/Fannin/Pickens)
Marcela Navarro (Bilingual)	762-231-6507 (Whitfield)	Katie O'Hara	404-883-5600 (Cherokee/Fannin/Pickens)
Charlie Bishop	762-231-7056 (Murray)	Claudia Estrada (Bilingual)	770-828-6424 (Cherokee)
Maria Ramirez (Spanish only)	706-537-8883 (Murray)	Misty Sar	762-448-9067 (Pickens)
Migdalia Landaverde	706-502-5942 (Gilmer/Pickens/Fannin – Spanish only)		

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Hamilton Medical Center  
Lactation Consultant  
PO Box 1168  
Dalton, GA 30722

\* In-hospital assistance

\* Bedside counseling at birth, beginning of breastfeeding

\* Childbirth Preparation Classes:

Check for dates and register at [www.hamiltonhealth.com](http://www.hamiltonhealth.com)

\* Breastfeeding/Baby Basics Classes

Check for dates and register at [www.hamiltonhealth.com](http://www.hamiltonhealth.com)

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Northside Hospital- Cherokee  
Lactation Center  
450 Northside Cherokee Blvd  
Canton, GA 30115  
770-224-1970

\* Breastfeeding Support Group

Every Tuesday of month – 10:30am –12pm at hospital

\* Outpatient appts available. Call for details.

\* Medela breast pump rental station

\* Free online breastfeeding classes

\* Register at [www.northside.com](http://www.northside.com) Click on “Classes”

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Fannin Regional Hospital  
2855 Old Hwy 5  
Blue Ridge, GA 30513  
706-632-3711

\* Prenatal Classes

\* Tiny Toes Program

\* Call for information

\* Labor and Delivery 706-632-4246

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Sharon McFarland, RN, CCE, CBC

Piedmont Medical Center  
515 Appalachian Hwy  
Jasper, GA 30143  
706-301-5246

\* Prenatal Care Classes

\* Early Pregnancy Classes

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Rosemarie Nelson, RN, CLC

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# Breastfeeding Support Groups

## 1-800-La-Leche

LLL of Dalton 3 <sup>rd</sup> Tuesday of month, 10:00 am Christ the King Lutheran Church, 623 S. Thornton Ave., Dalton	* Patty 706-260-1384 or Rachel 706-639-3642 * Telephone counseling * Hospital and home visits as needed
LLL of Ringgold 1 <sup>st</sup> Thursday of month, 10:30 am Call for location	* Laura at 706-820-9142 * Telephone counseling * <a href="http://www.lllusa.org/web/ringgoldga.html">www.lllusa.org/web/ringgoldga.html</a>
LLL of Calhoun 2 <sup>nd</sup> Monday of month, 10:30 am Call for location	* Erin 706-234-3980 * Telephone counseling * <a href="http://www.lllofga.org/Atlanta_Area.html">www.lllofga.org/Atlanta_Area.html</a>
LLL of Pickens (Ball Ground) 3 <sup>rd</sup> Wednesday of month, 10:00 am Call for location	* Stephanie 678-719-9589 or Melanie 678-493-6788 * Telephone counseling
LLL of Cherokee (Woodstock) 1 <sup>st</sup> Tuesday of month, 10:00 am and 3 <sup>rd</sup> Tues of month, 7:00 pm Bascomb United Methodist Church	* Melanie 678-493-6788 or Marguerite 770-926-2791 * Telephone counseling * <a href="http://www.lllofga.org/Atlanta_Area.html">www.lllofga.org/Atlanta_Area.html</a>
Cherokee County WIC "Baby Bistro" Mom2Mom Gathering (Canton) 4 <sup>th</sup> Tuesday of month, 10:00 am – 12pm Boys & Girls Club, 1082 Univeter Road, Canton (Location can change due to Boys & Girls Club events. Check with Peer Counselors for location changes)	

**Wondering if a medication is safe to take while you are pregnant or breastfeeding?**

**Call for free information:**

**Dr. Hale's Infant Risk Center, M-F 9am - 6pm EST**

**1-806-352-2519**

**Need Medicaid or low-cost doctor, dentist, or other healthcare services?**

**Call for a free referral to providers in your area:**

**PowerLine (multilingual service)**

**1-800-300-9003 and online (24/7) at [www.hmhbga.org](http://www.hmhbga.org)**

**Hand Expression of Breastmilk:**

**<http://newborns.stanford.edu/Breastfeeding/HandExpression.html>**

**Hands-On Pumping:**

**<http://newborns.stanford.edu/Breastfeeding/MaxProduction.html>**

**Need Tennessee Breastfeeding Help? 1-855-4BF-MOMS (1-855-423-6667)**

This resource list is maintained by the North Georgia Health District 1-2, WIC Program, Dalton, GA.  
If any changes or errors are noted, please contact Carol Hendrix, 1-888-284-3998 (last update 2/15/18).

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(1) mail: U.S. Department of Agriculture (2) fax: (202) 690-7442; or (3) email: [program.intake@usda.gov](mailto:program.intake@usda.gov)

Office of the Assistant Secretary for Civil Rights  
1400 Independence Avenue, SW  
Washington, D.C. 20250-9410

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